

The Vow- Priority of Communication January 31, 2010

The Honeymoon Round (means "Sweet Month")

The Reality Round

The Mature Love Round

Which round would you say you and your spouse are in currently?

How to Fight Fair

Galatians 6:1 *Brothers, if someone is caught in a sin, you who are spiritual should restore him gently*

5 Biggest areas of Conflict in a Marriage- Money, Sex, In-Laws, Children & Communication

Which area do you find brings the most conflict into your marriage?

4 Steps to Fighting Fair-

1st Step- Plan a Peace Conference to Deal with the Conflict

Read Matthew 5:23

2nd Step- Establish Ground Rules for a Fair Fight

Read Ephesians 4:29

Why is it so difficult to hold our tongue while in a fight? Why is it so important to hold our tongue in check?

What are some of the differences in the ways men communicate with each other and the ways women communicate with each other?

What are some of the obvious pitfalls for couples when we try to communicate with each other like we are talking to one of our friends?

3rd Step- Learn How to Accept a Split Decision

James 3:17 says:

4th Step- Bring Christ into Your Corner. Pray about the conflict first.

James 4:2 & Galatians 3:15

"Being heard is so close to being loved that for the average person, they are almost indistinguishable. The most basic of all human needs is the need to understand and be understood. The best way to understand people is to listen to them" David Augsburger